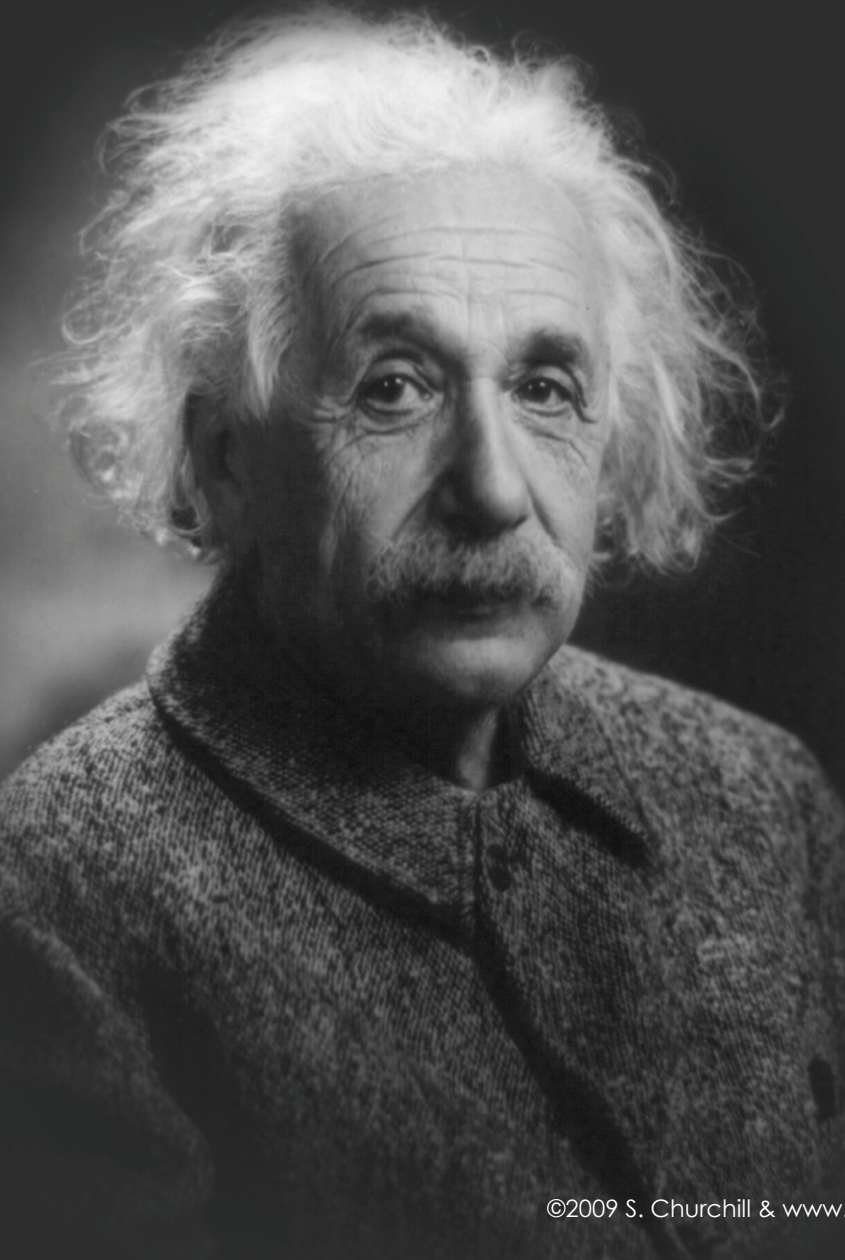


How Einstein Got So Smart - 10 Learning Hacks

a free resource from www.HigherPayingSkills.com

Einstein's genius came more from his learning philosophy and self-discipline than it did from genetics or going to the right schools. You can recreate some of his habits to get smarter and find more rewarding work. Here are some of the things you can do...



1) Daydream and Contemplate

What others labeled as forgetful or even spacey, Einstein knew to be some of his most insightful, creative brainstorming sessions.

2) Rub Shoulders with the Best and Brightest

Einstein sought out the instruction and mentorship of the smartest people in his field, like Max Planck. If he didn't get to know these people personally, he studied their writing and research.

3) Cross-Train

He learned to play the violin well and loved the mathematical structure of music. He used music as a "psychological safety valve" throughout his life.

4) Trust Your Own Curiosity

His father gave him a compass when he was five. Einstein figured out that some outside force was acting on the needle to keep it pointed in the same direction.

5) Maintain a Deep Suspicion of Educational Authority

Too many teachers feel you should believe what they say because, "I said so." And "thinking for yourself" is not part of their curriculum.

6) Nourish a "Radical Inquiring Attitude"

"He who asks a question is a fool for five minutes; he who does not ask a question remains a fool forever." True learning requires exploring assumptions and other facts that many take for granted.

7) Design Your Own Curriculum

Einstein had friends at the university take notes in class for him while he was away reading his preferred "extracurricular" books or journals on physics and math.

8) Rely on Faith to Learn

Einstein's faith was that by inquiry and discipline you could learn things about invisible objects or phenomena. His "God" operated on natural, discoverable laws.

9) Avoid Preoccupation with Trivial Things in Life

His mind reverted consistently to "exploring and understanding the physical world." Einstein's discoveries didn't come easily; they came from discipline!

10) Become an Autodidact

He "found his real education elsewhere, in his own time." Schooling provided the basic building blocks of language and concepts, but Einstein's initiative took his learning far beyond the limits of academics.